

## **SOLEMN DECLARATION OF HEALTH FREEDOM**

*We all declare for liberty; but in using the same word we do not all mean the same thing. With some the word liberty may mean for each man to do as he pleases with himself, and the product of his labor; while with others, the same word may mean for some men to do as they please with other men, and the product of other men's labor. Here are two, not only different, but incompatible things, called by the same name - liberty. And it follows that each of the things is, by the respective parties, called by two different and incompatible names - liberty and tyranny. - Abraham Lincoln*

### **PREAMBLE**

1.1 Two hundred and thirty-four years ago our nation was founded by declaring that all men are created free and equal. Being free, each man or woman has the right to live, to govern his or her own affairs, and to determine his or her own choices without external compulsion or coercion. Because all men and women are equal they pose a dignity that cannot be taken away by others through oppression as if some people were born superior to others or hold special claims on the lives and property of others. It is therefore unjust to take away a man or woman's life or deprive them of their self-determination and self-government without their consent.

1.2 In order to secure for themselves and their descendants an ordered liberty, free men and women institute governments. Governments administer certain aspects of their common life together while guaranteeing the mutual freedom of all the people and the security of living under commonly recognized rules of conduct that apply equally to all.

1.3 Thus governments derive their power to govern from the people. Any government that fails to protect these liberties or becomes destructive to these ends is unjust and illegitimate. It is the right and duty of the people to throw off such government and to provide new guardians for their future security.

1.4 But now from that noble beginning we have run down to the other declaration: that men are not created equal, that rights and laws do not apply equally to all, that some men have the power to deprive others of their health and therefore their lives. Let us call this what it is: Tyranny. Let us re-adopt the Declaration of Independence, and with it, the practices, and policies that harmonize with freedom. If we do this, we shall not only have saved the Union: but we shall have saved it so as to make, and keep it, forever worthy of the saving.

### **HEALTH FREEDOM IS FUNDAMENTAL TO FREEDOM**

2.1 Health Freedom is the right to make our own health choices and to have meaningful control over our own bodies. This includes the right to eat food that we believe to be healthy, to prevent disease and pursue a course of treatment that we believe to be most beneficial, and to refuse foods, medicines, interventions, scans, or other medical procedures that we believe to be harmful.

2.2 If a man, or a committee, or an agency, or any cooperation has the power to compel a person or members of his family to become ill or diseased against his will for political or capital profit then that person is deprived of his liberty, his power of self-determination.

2.3 The loss of one's health is not of little consequence as if health was a trivial thing and losing his health a man or woman still possessed the full sum of his or her remaining rights. On the contrary, deprivation of health is deprivation of all rights. When someone becomes ill he may of necessity need to purchase medicine with money

that derives from his labor or the sale of his property. By becoming ill he not only loses his health and his money, he also loses his safety and his happiness. And as a consequence of being deprived of his health he may even lose his life.

2.4 As Thomas Jefferson wrote: "Liberty is to the collective body what health is to every individual body. Without health no pleasure can be tasted by man; without liberty, no happiness can be enjoyed by society." In short, without health no one can enjoy his freedom and is actually deprived of every other liberty. Therefore, Health Freedom is one of the most fundamental freedoms and must be protected in order to secure all other freedoms.

2.5 Health Freedom is embedded in the fabric of almost all of our rights, especially Life, Liberty, and the Pursuit of Happiness. The right to make our own health choices is fundamental and no just and lawful government can restrain a man or woman from exercising it without due process.

### **ENUMERATION OF GRIEVANCES & THREATS TO HEALTH FREEDOM**

3.1 Such has been our patient suffering that now necessitates us to petition for a redress of grievances. The history of the present government is a history of repressive agencies, corporate favoritism, suppression of truthful free speech, raids, unjust loss of property, punitive regulation, coercion, and repeated injuries and usurpations of our health freedom.

3.2 To prove this, let facts be submitted to a candid world.

1. The Federal and State governments have erected a multitude of repressive agencies, and sent swarms of agents to harass us, and eat out our substance under the pretext of public safety.
2. These regulatory agencies have stated publicly that there is no fundamental right to our own bodily and physical health, including what foods we do and do not choose to consume.
3. These agencies demonstrate a deeply conflicted interest in promoting the agenda of the Corporate Pharmaceutical and Industrial Agriculture Complex over and against that of local family farms and ranches, home food businesses, community gardens, local farmers' markets, and the consumers of natural, non-industrial, non-synthetic, non-degraded whole foods and integrated health remedies.
4. These agencies have repeatedly failed to effectively regulate pharmaceutical and factory farm industries and the toxic products that they produce. They have failed to slow the production or consumption of pharmaceutical drugs known to cause sickness and death even when properly administered. They have failed to promote reasonable and safe agricultural practices, instead allowing factory farms to continue breeding and spreading food borne illness. They continue to allow mass produced food to contain dangerous additives that promote degenerative diseases.
5. Instead, new regulations threaten small farmers, home food production, and community supported agriculture with burdensome rules that, while entirely appropriate for industrialized food production, will construct unreasonable "barriers against entry" that will quickly eliminate local and natural sources of safe wholesome food as viable alternatives to industrialized food.
6. The agencies arbitrarily outlaw certain whole foods or natural remedies and then entrap, detain, search, confiscate, and incarcerate the growers, makers, purveyors, and consumers suspected of these products through the threat of deadly force under the pretense of stopping the spread of food borne illness.

7. Natural and un-patentable nutrients, vitamins, or other substances with potential healthful benefits, including the ongoing prevention of disease, are re-defined as illegal drugs. Previously accessible nutrients and foods have been arbitrarily withdrawn from the market if pharmaceutical companies express interest in exploiting them for the future development of new drugs.
8. The agencies suppress truthful scientific claims by threatening food producers with fines and lawsuits if they educate consumers concerning the health benefits of foods such as cherries and walnuts. By censoring truthful health claims the agencies are limiting free speech, controlling commerce, and isolating people from information that may benefit them.
9. United States regulatory standards and guidelines are being harmonized with international trade commissions subjecting our free access to vitamins and herbal supplements to the decisions of un-elected international committees thus reducing local government and self-government and further degrading the safety and healthfulness of industrialized food.
10. Consequently our food supply is degraded, industrialized, and adulterated with toxic chemicals and genetic contaminants whose dangerous nature is kept secret from the public so that people cannot make fully informed healthy choices about food.
11. Parents with reasonable skepticism concerning the benefits and associated risks of invasive pharmaceutical interventions are threatened by the government with the removal of their children if they do not submit to an ever increasing number of potentially toxic childhood vaccinations, psychiatric drugs, or chemotherapy treatments.
12. Furthermore, on Friday, October 23, 2009 the honorable President Barack Obama signed the Health Emergency Declaration suspending human and civil rights in response to an alleged epidemic. It gave the un-elected Health and Human Services Secretary the power to mandate vaccination, to quarantine citizens suspected of being infected, and to suspend our rights to habeas corpus, informed consent, to make our own health decisions, and to leave a health care facility.

With no redress or appeal limiting this power, once a person is designated a "patient" or "public health threat" they can be held indefinitely in a distant "health care facility" against their will. This Declaration uses people's fears of an epidemic to justify and legitimize abuses of power that have historically been used by fascist and totalitarian states that declared war on their own people using existing legal structures as an assault on the life, mobility, and liberty of their citizens.

Though this emergency has now expired, nothing prevents the President from signing a new Health Emergency Declaration in the future.

3.3 Health Freedom is one of our first freedoms. It is continually under attack through attempted control over or sabotage of our nation's safe, reliable, and local food supply and the criminalization of natural health alternatives. This continued and systematic erosion of a fundamental freedom has as its direct object the establishment of a complete tyranny over the individual bodies of the American people.

3.4 Because of the continued attempts by the government to extend an unwarrantable jurisdiction over our bodies and our health choices we feel that the time is quickly coming when we will lose the last vestiges of our health freedom. We believe that we have one last opportunity to reclaim sovereignty and control over our bodies by a:

## **SOLOMN DECLARATION OF HEALTH FREEDOM**

4.1 We, therefore, solemnly publish and declare our health freedom today for ourselves, for our children, and for all our decedents in order to protect, now and for the duration of these United States and forever, the rights of each person to make his or her own health choices unrestrained by corporate or statist intrusion or coercion.

4.2 We assert the right to prevent disease and pursue a course of treatment in a way that we believe to be most beneficial and refuse any degraded foods, involuntary medical treatments, or medicines, vaccinations, scans, and other interventions that we believe to be harmful for ourselves and for our children.

4.3 We assert the right to access information and truthful scientific claims concerning the health benefits of foods, vitamins, and nutrients.

4.4 We assert the right to access food that we believe to be healthful, including whole, unprocessed, and organic foods, raw dairy products, herbs, vitamins, minerals, nutrients, and pro-biotics and the freedom to contract with farmers, farms, ranches, community supported agriculture, supplement companies, health food stores, and farmers markets to purchase these products.

4.5 We assert the right to be protected from exposure to genetically modified or degraded food in the form of full disclosure and mandatory labeling of any and all genetic alterations or the use in any amount of irradiation, fumigation, herbicides, fungicides, taste altering food additives, or any other similar chemicals at any stage in food production.

4.6 We assert the right to be free from involuntary medication, vaccination, medical treatment, or scan. We assert the right to shelter in our own homes rather than face criminal imprisonment for refusing mandatory vaccination or other mandatory medical treatments in event of a declared epidemic or pandemic.

4.7 We assert the right to be fully informed concerning all medical interventions for ourselves and for our children. The implementation of novel, untested, and experimental medical or pharmaceutical interventions forced on free men and women without fully informed consent is a violation of our basic human rights under the Nuremberg Code and other international declarations of human rights.

4.8 No person shall be prevented from saving natural heritage seeds from his own crops for planting during the next season therefore guaranteeing the freedom of persons, families, and communities to feed themselves without being obligated to biotech companies for their patented genetically modified plants.

4.9 Any infringement on this freedom to make our own health decisions is a violation of our inalienable rights under the Constitution of these United States and the individual States that we call home. We therefore petition the executive and legislative branches of the state and federal governments for redress of grievances related to threats against health freedom and demand equal protection under the law that will secure our liberty and end the right of any entity, public or private, to make our health decisions for us.

4.10 We invite all people, families, and institutions committed to the protection of our fundamental rights to stand with us for the support of this Declaration, in defense of Health Freedom, and for the promotion of the mutual freedom and personal liberties of all people.

*Ryan Close, Springfield, Missouri, February 1st, 2011*

## **What You Can Do**

*The most important thing you can do to protect your health freedom is to support local agriculture by shopping at a farmer's market or joining a community supported agriculture or subscription farm. Call your local grocery stores or grocery supplier and tell them you would like to purchase fresh local produce and meats from their store and encourage them to develop the infrastructure to facilitate those transactions. In so doing, you will be helping small family farmers and restoring your area's local agriculture economy. This will promote and secure a safe local food supply. Do not under estimate the power of supply and demand.*

*Secondly, call your representatives in government. Let them know how important food and health are to you but how you are concerned that over regulation drives out small scale local producers and access to alternatives to pharmaceutical medicines and processed foods. Explain to them why the local food movement is essential for the future security and well being of your state. Let them know how new regulations will negatively affect your health and food choices or how new health freedom legislation might improve the life of your family. Do not under estimate your political influence.*

*Become educated. Read a book or watch a film about health freedom, traditional agriculture, or natural remedies. 'Food Inc.' is a film that exposes the industrialization of food, the dangers of concentrated animal feeding operations, the treatment of raw beef with ammonia, the litigation against farmers who save their seeds, and the optimistic surge in the organic whole foods movement. The film features an interview with Joel Saladin, of Polyface Farms and author of the book 'Everything I Want to do is Illegal.'*

*The Farm-to-Consumer Legal Defense Fund, Mike Adams at Natural News, and Health Freedom USA provide people on their mailing lists with information about health freedom issues and give specific political actions to take to confront threats to food freedom.*

*It is time that people everywhere stand up to corrupt un-elected government agencies and their mafia like tactics and take back the authority to determine their own health choices. Health freedom is about liberty and tyranny, life and death. It is everyone's responsibility.*

*If you would like to contribute to the cause of health freedom by promoting this declaration, feel free to forward this on to your family, friends, and to law makers. If there is enough interest in the Declaration a website will be developed where you can learn more about health freedom and even sign the Declaration. For now, if you would like to sign the Declaration, have suggestions for its improvement, or would just like to know more about it, contact me through email at r y a n . c l o s e 1 (at) g m a i l . c o m.*

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